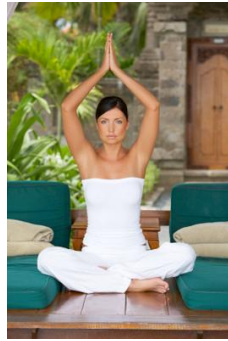


Live Well Consulting

Corporate Wellness Programs



Is having healthy employees important to your company?

LiveWell Consulting are a team of Health and Fitness Professionals.

We offer a variety of seminars , training programs and complete wellness systems for corporations & small businesses including:

- Health and Stress Reduction seminars
- Certified weight loss group facilitators/Health Coaches
- Group weight loss programs
- Group Exercise Instructors
- One on one health or weight loss coaching

*For more information please contact us at info@livewellconsulting
250-751-0505 Carolyn 250-714- 8754 Carmen*